

# TRS-ActiveCare Additional Resources

## Teacher Retirement System of Texas

### General Information

- [TRS Website](https://trs.texas.gov) (trs.texas.gov)
- [Frequently Asked Questions about TRS-ActiveCare](#)
- [TRS Forms](#)

### General Contact Information

TRS-ActiveCare Customer Service: **1-866-355-5999**    Blue Essentials Access (HMO): **1-888-378-1633**

If you have any questions about your benefits, contact a Personal Health Guide at **1-866-355-5999**.

Mailing Address for Claims  
Blue Cross and Blue Shield of Texas  
P.O. Box 660044  
Dallas, TX 75266-0044

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## 2024-2025: ActiveCare Primary, ActiveCare Primary+, ActiveCare HD, & ActiveCare 2

### Plan Specific Documentation

- [Regional Rates and Plan Highlights](#)
- [Enrollment Video](#)
- [Enrollment Toolkit](#)
- [Annual Enrollment Guide](#)
- [Coverage and Benefits](#)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)

### 2024-2025 Pharmacy/Prescriptions Resources

Express Scripts is the *NEW* administrator for your prescription drug plan. For questions about your pharmacy benefits, Use the following information:

Prescription Search: [Express Scripts](#)

Phone: 1-844-238-8084

Fax: 1-877-892-2484

Easy Rx Fax: EASYRX (1-888-327-9791)

Hours: Monday – Friday, 7 a.m. to 7 p.m.

\*\*Phone lines are closed on Thanksgiving and Christmas

Email: [DublinSelectCSC@express-scripts.com](mailto:DublinSelectCSC@express-scripts.com)

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## General Information, Resources, & Documentation

### General Information

- [TRS-ActiveCare Home Page](#)
- [Blue Access for Members](#)
- [Doctors and Hospitals](#)
- [Express Scripts](#)
- [Express Scripts Temporary ID Card Template](#)
- [Prior Authorization Requirements](#)
- [Employee Enrollment Presentation](#)
- [Downloadable Forms](#)

### Additional Resources

- [Member Rewards](#)
- [Nominate a Provider](#)
- [Primary Care Provider](#)
- [TRS Virtual Health](#)
- [Where To Go for Care](#)
- [SurgeryPlus](#)
- [Activate Your Health](#) – Health and Wellbeing
- [Fitness Program](#)
- [Well onTarget](#) - Wellness Program
- [Women's and Family Health](#)
- [Mental Health](#)
- [Tools and Resources](#)

# TRS-ActiveCare Additional Resources

## Downloadable Forms

- [Medical Claim Form \(Domestic\) - English](#)
- [Medical Claim Form \(Domestic\) - Spanish](#)
- [Medical Claim Form \(International\) - English](#)
- [Medical Claim Form \(International\) - Spanish](#)
- [Disabled Dependent Authorization Form - English](#)
- [Disabled Dependent Authorization Form - Spanish](#)
- [Transition of Care Form - English](#)
- [Transition of Care Form - Spanish](#)
- [HIPAA Standard Authorization Form - English](#)
- [HIPAA Standard Authorization Form - Spanish](#)
- [Out-of-State Dependent/Attestation Form](#)
- [Out-of-State Dependent/Attestation Form - Spanish](#)