

Enjoy On-Demand Health Care

With 24/7 Virtual Access to Doctors

Per Pay Period:

Access Medical: \$ 6.00

Access Medical Plus: \$10.50



Benefits are available to you and your immediate family

Teladoc - \$0 visit fee

Feel better now! 24/7 access to a doctor is only a call or click away—anytime, anywhere with a \$0 visit fee for general medical issues. With Teladoc, you can talk to a doctor by phone or online video to get a diagnosis, treatment options and prescription, if medically necessary. Save time and money by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S.-licensed physician.

NB Rx

Healthcare keeps getting more expensive, but you shouldn't have to choose between your prescription medications and other essential expenses. Make sure you're always getting the best deal on your prescriptions with deep discounts through NB Rx. Save 10% to 85% on most prescriptions at 60,000 participating retail pharmacies nationwide.

Hearing

Get more from your hearing with average savings of **64% off hearing aids** and ongoing care nationwide. Retail Hearing Care by Amplifon will help you find an affordable solution with the fit, comfort, and amplification you need.

Health Advocate Solutions

Healthcare is becoming harder to understand. Personal Health Advocates help you navigate through insurance and healthcare systems. Advocates research treatments, resolve claims and locate doctors, specialists, hospitals, dentists and pharmacies. Skilled negotiators will attempt to negotiate discounts on your behalf, no matter your benefit status. Registered **nurses are on-call 24/7** to answer questions and provide medical explanations.

Telephonic EAP

Are you dealing with problems related to relationships, stress, or substance abuse? Telephonic EAP provides effective **professional counseling and work/life support** to help you cope with the ups and downs of life. A simple phone call helps when you are dealing with depression, family conflicts, substance abuse, debt, or worry over finding services for your children or elderly parents.

Lab Testing

Know your numbers! You have direct access to major clinical laboratories nationwide where you can **save 10% to 80% on typical costs for lab work**. Find a location near you and order online or by phone. Confidential results are available online in as little as 24 hours for most tests.

Diabetic Supplies

Save 10% to 50% on diabetic testing supplies, and get a free fully-audible blood glucose meter with your first order. With the convenient online, pre-paid program, you receive discounted diabetic testing supplies shipped directly to your home.

Upgrade to Access Medical Plus

Get all benefits above, plus access to Teladoc Mental Health with a **\$0 visit fee**.

Teladoc Mental Health provides confidential therapy on your terms with virtual access to licensed therapists for \$0 per visit. You and your family members 13 and older can establish an ongoing relationship with a licensed therapist through video or phone sessions, and get support for anxiety, depression, stress, grief, PTSD, family or marriage issues, and more.

Diagnostic Imaging

Access high-quality medical imaging, gastroenterology services, and lab tests at discounted pre-negotiated rates. Save money on MRI, CT scans, ultrasounds, X-rays, colonoscopy, upper endoscopy, hemorrhoid banding, GI consults, and common lab tests at over 1,000 credentialed imaging centers. Additionally, you can conveniently screen for colorectal cancer with an accurate at-home kit, avoiding the need for a doctor's visit.

NB Contacts

NB Contacts regularly beats the competition by 20%, with **savings as high as 40%** on top brands like BioTrue, Dailies, Biofinity, and Acuvue—making it a convenient, affordable, and stress-free way to buy contact lenses.

ACCESS BENEFITS ON THE GO

With the **My Benefits Work** app



Disclosures:

This is a discount program, not insurance, and not intended to replace insurance.

It does not meet the minimum creditable coverage requirements under the Affordable Care Act. **It contains a 30-day cancellation period**, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. The range of discounts for medical or ancillary services provided under the program will vary depending on the type of provider and medical or ancillary service received. Member shall receive a reimbursement of all periodic membership fees if membership is canceled within the first 30 days after the effective date. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475, 800-800-7616. Website to obtain participating providers: MyBenefitsWork.com. Lab Services not available in the following states: Quest: AZ, HI, NJ, NY, and RI; At Home Tests: NJ, NY, and RI. Teladoc Mental Health visits are not available to minors 12 and younger. Mental Health visits with a psychiatrist are not currently available for adolescents ages 13-17.